

## SEXUAL HEALTH TRAINING DETAILS

### DIYRSE

Training for teaching and pastoral staff to support them in the delivery of RSE. The training provides free of charge resources that can be adapted to meet the needs of the audience. Support is available through the Health Improvement Team to help staff to develop their confidence in delivering relationships and sex education.

### SEX, DRUGS AND RISK CONTROL

Free, 2 day course delivered jointly with Young People's Drug & Alcohol Team. The course explores the links between substance use and poor sexual health choices, the law, confidentiality and reducing risks for young people.

### HIV AWARENESS

The training provides an update on HIV and helps dispel common myths surrounding HIV

### INFORMATION MORNINGS

A monthly, 90 minute briefing for professionals working with young people, delivered jointly with YPDAAT and YJS. The session outlines the service offer and referral process.

### 21ST CENTURY SEX: A GUIDED JOURNEY THROUGH A SOCIAL LENS

An in depth exploration of the current sexual health issues from a social perspective. Attendees will be advised to undertake online factual training prior to the course

### TAZ BRIEFING

Training sessions to provide an awareness of various topics that affect young people such as sex and the law, talking about sex, pornography and sexting.

### LGBT+ AWARENESS

Training sessions to provide an awareness of LGBT issues and how to ensure inclusivity

### CONDOM DISTRIBUTION SCHEME

The training provides information to agencies wishing to take part in the condom distribution scheme.

### IS YOUR SCHOOL LGBT FRIENDLY?

Training for teaching and pastoral staff to develop knowledge and skills to help them make their establishment LGBT Friendly

### SEXUAL HEALTH- THE NOT SO SCARY TALK!

Training for anyone who want to start a conversation about Sexual Health. This course explores fears, language and provides top tips for starting those difficult conversations.

# SEXUAL HEALTH TRAINING SCHEDULE

## NOVEMBER

### Information Mornings

24/11/ 2021

Online

Bookable via: TAZ@sthk.nhs.uk

### LGBT Awareness

26/11/2021

Online

Bookable via Eventbrite

## DECEMBER

### HIV Awareness

1/12/21 10:00am

Online

Bookable via Eventbrite

### Young People, Sexting and Pornography

09/12/21

Online

Bookable via Eventbrite

### Young People, Sex & The Law

09/12/21

Online

Bookable via Eventbrite

### Top Tips for addressing Sexual Health with young people

09/12/21

Online

Bookable via Eventbrite

### Condom Distribution Scheme

15/12/2021 2:00 PM

Online

Bookable via Eventbrite

### Information Mornings

29/1/2021

Online

Bookable via: TAZ@sthk.nhs.uk

## JANUARY

### Is your school LGBT friendly?

26/1/2022 3:30 PM

Online

Bookable via Eventbrite

### Sexual Health- The not so scary talk!

14/1/22 12 PM

Online

Bookable via Eventbrite

### Information Mornings

26/1/2022

Online

Bookable via: TAZ@sthk.nhs.uk

# SEXUAL HEALTH TRAINING SCHEDULE

## FEBRUARY

### Is your school LGBT friendly?

**3/2/22 3:30PM**

Online

Bookable via Eventbrite

### LGBT Awareness

**20/2/22 10AM**

Online

Bookable via Eventbrite

### DIY RSE

TBC

Online

Bookable via Eventbrite

### Information Mornings

**23 /2/2022**

Online

Bookable via: TAZ@sthk.nhs.uk

## MARCH

### Sexual Health- The not so scary talk!

**11/3/22 11 AM**

Online

Bookable via Eventbrite

### Information Mornings

**30/3/22**

Online

Bookable via: TAZ@sthk.nhs.uk

### Young People, Sexting and Pornography

**31/3/22**

Online

Bookable via Eventbrite

### Top Tips for addressing Sexual Health with young people

**31/3/22**

Online

Bookable via Eventbrite

### Young People, Sex & The Law

**31/03/22**

Online

Bookable via Eventbrite

### HIV Awareness

**18/03/22 10:00 AM**

Online

Bookable via Eventbrite